

IBFA UK – Constitution & Rules

This Constitution establishes IBFA UK as an unincorporated, non-profit association.

Name

The name of the association is IBFA UK (“the Association”).

Purpose and Objective

The purpose of IBFA UK is to promote and develop classic, inclusive, and grassroots bodybuilding across the United Kingdom. The Association exists to create a welcoming environment where athletes of all levels, from first-time competitors to experienced bodybuilders, can take part in fair, well-run events that celebrate hard work, dedication, and integrity within the sport.

IBFA UK operates under a ‘passion, not profit’ ethos. Our aim is to build a community that values the true spirit of bodybuilding — discipline, respect, and personal growth — rather than commercial gain.

To achieve this, the Association will:

- Organise and oversee regional and national competitions that serve as qualifiers for international IBFA events.
- Provide guidance, resources, and support to athletes preparing for competitions, including posing, nutrition, and stage presentation.
- Foster a supportive community that encourages friendship, respect, and sportsmanship among competitors, officials, and supporters.
- Maintain fair and transparent judging standards, promoting equality and consistency across all events.
- Collaborate with international IBFA bodies to uphold global standards and represent UK athletes on the international stage.
- Reinforce the values of health, fitness, and positive body image in all aspects of the Association’s work.

IBFA UK’s ultimate goal is to grow and protect the legacy of classic bodybuilding, ensuring that everyone, regardless of age, background, or experience, has the chance to be part of the sport in an honest, accessible, and inspiring way.

Membership

- Membership is open to anyone with an interest in bodybuilding, subject to approval by the Committee.
- Members must agree to abide by this Constitution and any rules set by the Association.
- Membership may be suspended or terminated for conduct contrary to the Association's values, following a fair process.

General Meetings and Voting

- The Association will hold an Annual General Meeting (AGM) each year within 6 months of the financial year-end.
- At least 14 days' notice must be given for AGMs.
- The AGM will include reports, elections, and any constitutional changes.
- Extraordinary General Meetings (EGMs) may be called by the Committee or by 10% of members.
- Each member has one vote. Decisions are made by a simple majority unless otherwise stated.

Committee

- The Association shall be run by a Committee consisting of at least:
 - President / Chair;
 - Secretary;
 - Additional officers as required.
- Officers are elected at the AGM for one-year terms.
- The Committee manages day-to-day affairs, finances, and events.
- The Committee may co-opt additional members as needed between AGMs.

Finances and Accounting

- The Association shall maintain accurate financial records.
- Accounts will be prepared annually and presented at the AGM.
- All funds must be used for the Association's purposes. Members shall not receive profit beyond reasonable expenses.
- Payments above a set threshold must be approved by at least two Committee members.

Data Protection and Privacy

IBFA UK will hold and process members' personal data only for legitimate purposes such as membership administration, event organisation, and communication. Data will be handled in line with the UK GDPR and Data Protection Act 2018.

Amendments

This Constitution may be amended at an AGM or EGM with at least 14 days' notice and a two-thirds majority vote of members present.

Dissolution

If the Association is dissolved, any remaining assets shall be used for similar non-profit purposes, as agreed by the members.

Signed by the founding members:

Name: Matthew Ali

Signature: 

Date: 09/10/2025

Name: Natalie Ali

Signature: 

Date: 09/10/25