

IBFA – Committee Meeting Minutes

Date: 22nd January 2026

Time: 10:00hrs

Location: Online via Zoom

1. Attendance

- **Chair / President:** Matthew Ali
- **Vice President:** Keith Williams
- **Secretary / Treasurer:** Natalie Ali

2. Opening of Meeting

The Chair opened the meeting and confirmed that the meeting was quorate. The purpose of the meeting was to discuss brand identity, governance, and future structural arrangements for IBFA UK.

3. Clarification and Use of IBFA Acronym

It was formally confirmed and unanimously agreed that IBFA stands for Independent Bodybuilding Fitness Association.

This definition will be used consistently across all official documentation, branding, communications, and promotional materials.

4. Appointments and Leadership Structure

The committee discussed leadership continuity and governance.

It was confirmed and agreed that:

- Martyn Yates Brown will continue in the role of Honorary President
- Keith Williams is appointed as Vice President of:
 - IBFA UK
 - Independent Bodybuilding Fitness Association Federation

These appointments were approved unanimously by those present.

5. Authority to Act

To enable effective implementation of the above decisions, the following authority was agreed:

Resolved that:

- Matthew Ali is authorised to:

- Take reasonable steps to implement the formation of the Federation
- Manage branding, documentation, and administrative matters
- Represent IBFA UK and the Federation where required

7. Next Steps

- Align branding and communications with the agreed IBFA definition
- Update relevant stakeholders once implementation progresses

8. Meeting Close

The meeting was closed at 10:30hrs.

Signed as a true record of the meeting:

Matthew Ali

Chair / President



Date:

22/01/2026

Natalie Ali

Secretary / Treasurer



Date

22/01/2026

Document History

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